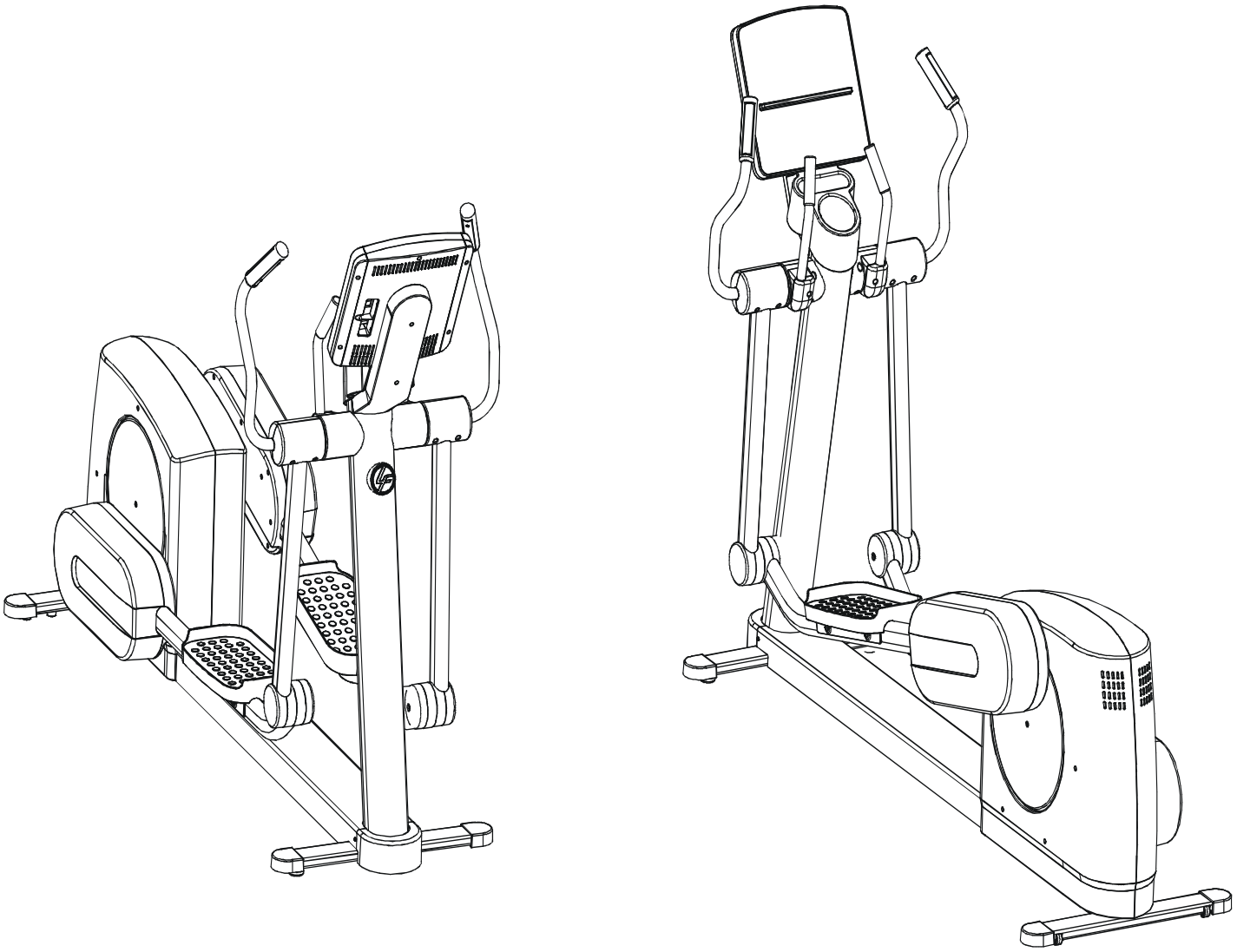
LifeFitness

ARCTIC SILVER QUIET DRIVE CROSS TRAINER
93XW-0XXX-03 MADE IN HUNGARY



Customer Support Services

PARTS MANUAL rev 30 Jul 2008

OPERATION MANUAL	M051-00K62-A111
SERVICE MANUAL	M051-00K62-A149
TOUCH UP PAINT: SPRAY CAN .5 OZ BOTTLE W/APPLICATOR .33 OZ PEN	 0017-00008-0204 0017-00008-0205 0017-00008-0206
PLUG IN OPTION 120/60	GK62-00002-0018
PLUG IN OPTION 240/50 UK	GK62-00002-0019
PLUG IN OPTION 240v	GK62-00002-0020
PLUG IN OPTION 230/50 CONT	GK62-00002-0021
POWER CABLE W/BRACKET ASSY. ASSEMBLY CONSISTS OF: 1) COAX CABLE 2) POWER EXTENSION CABLE 3) ACCESS PANEL BRACKET 4) F TYPE CONNECTOR 5) PLASTIC GROMMET (QTY. 2)	AK62-00210-0000 AK32-00020-0002 AK32-00078-0001 0K62-01179-0001 0017-00021-2846 0017-00042-0754
HARDWARE BAG	AK62-00152-0001

NOTE: ADDING THE BOLT ON LCD SCREEN TO THE 93XW-0XXX-03 MAKES THE UNIT A 93XER-0XXX-03.

ARCTIC SILVER QUIET DRIVE 93XW ***93XW-0XXX-03***

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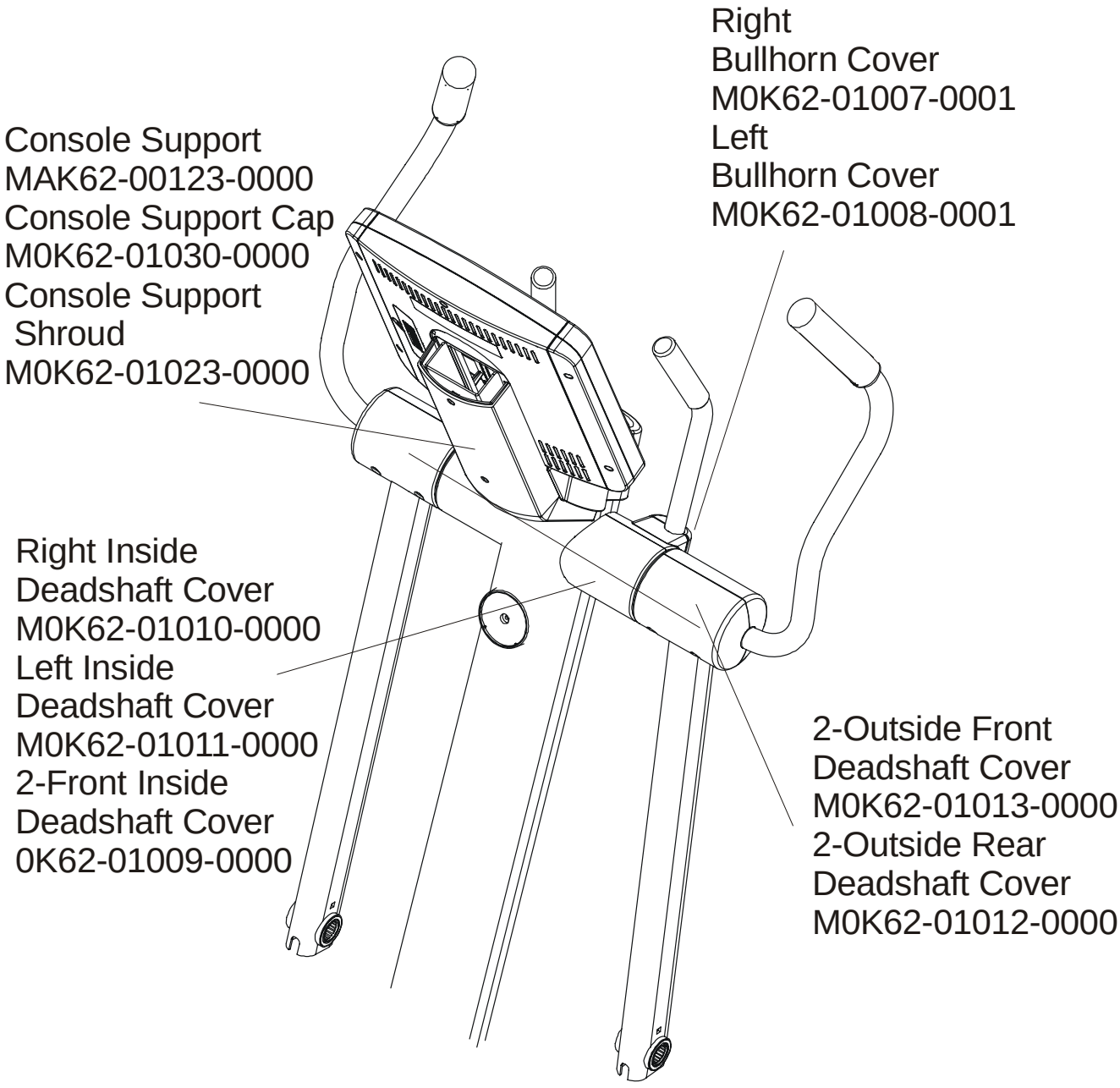
Note: The 93X has Telemetry only.

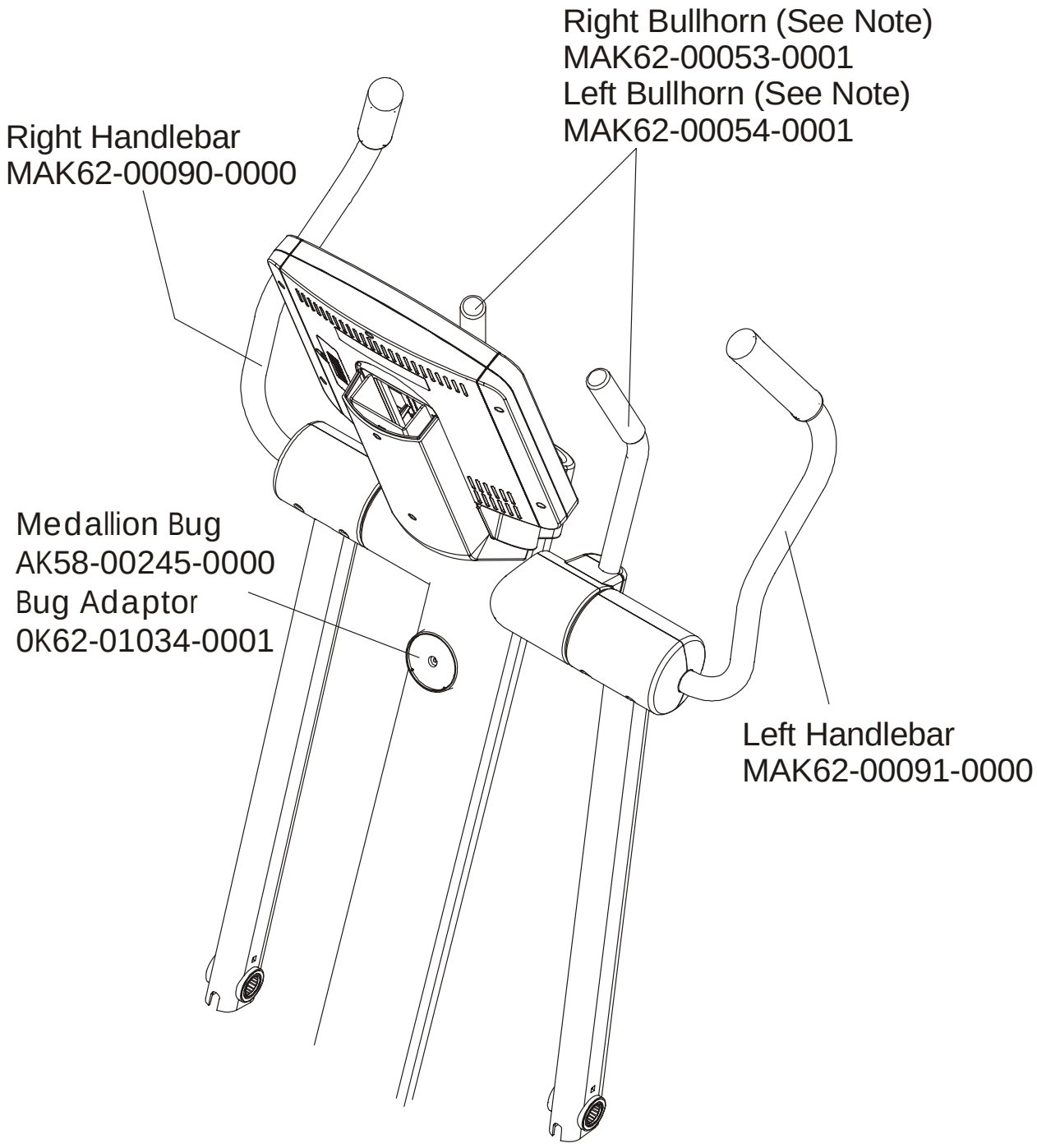
ARCTIC SILVER QUIET DRIVE 93XW ***93XW-0XXX-03***

Console Support & Deadshaft Covers **S/N XHG054206183**



ARCTIC SILVER QUIET DRIVE 93XW ***93XW-0XXX-03***

Handlebars and Bullhorns **S/N XHG054206183**

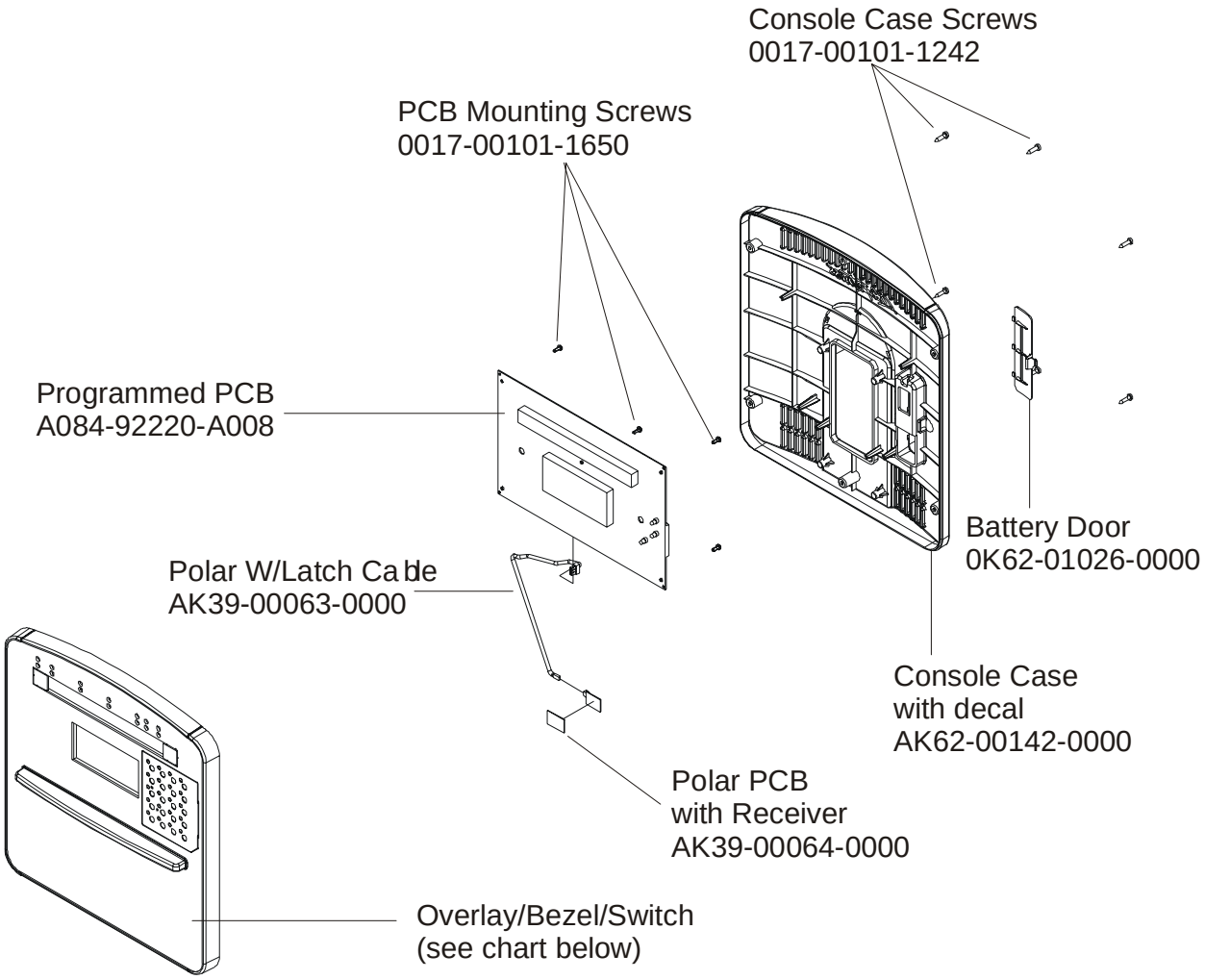


NOTE: The Right Bullhorn Assembly consists of: AK62-00057-0001 Bullhorn, M0K62-01136-0000 Grip, and M0K62-01199-0000 Gasket.

NOTE: The Left Bullhorn Assembly consists of: AK62-00058-0001 Bullhorn, M0K62-01136-0000 Grip andM0K62-01199-0000 Gasket

ARCTIC SILVER QUIET DRIVE 93XW *93XW-0XXX-03*

Console & Related components **S/N XHG054206183**

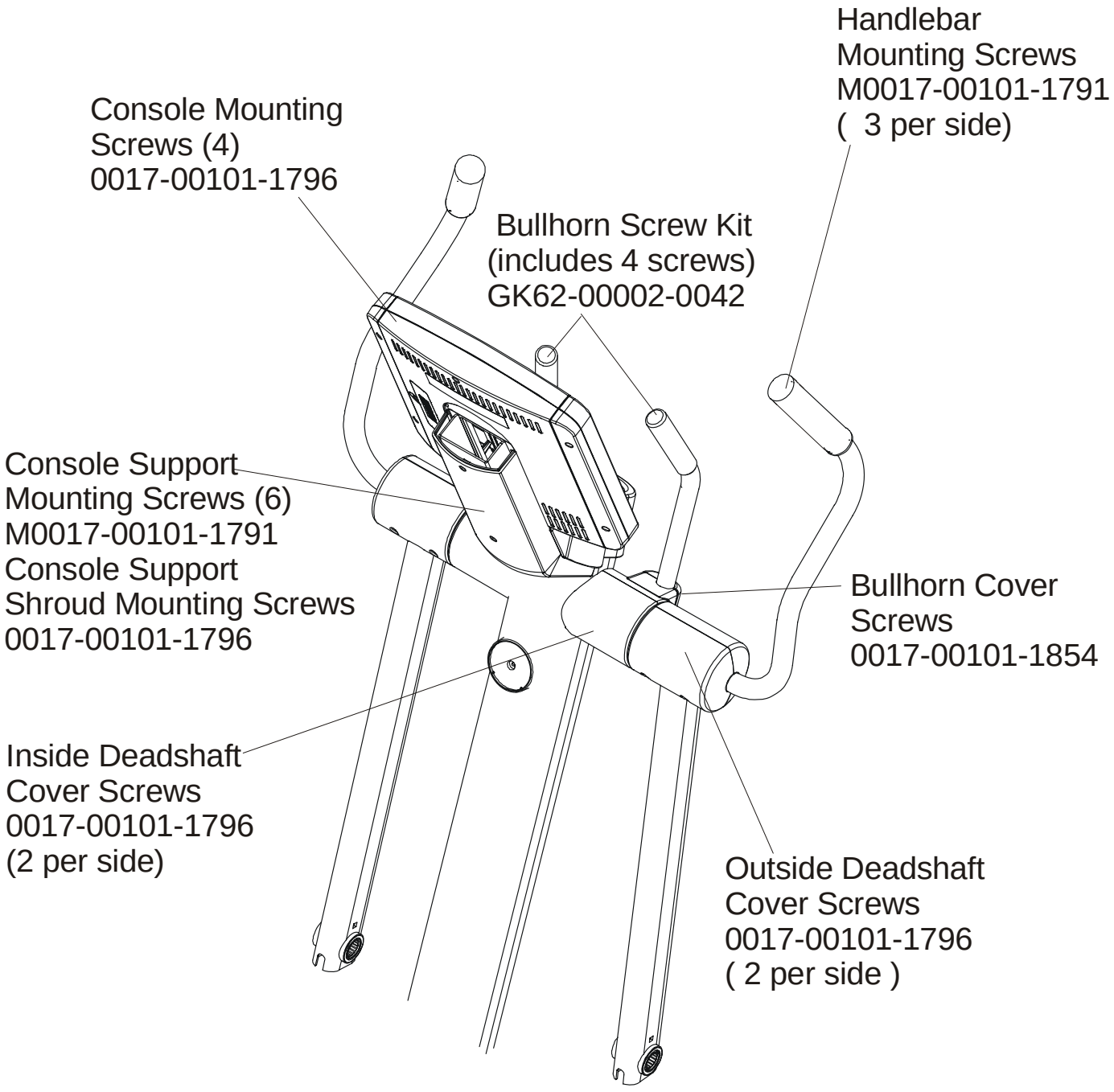


CONSOLE	OVERLAY/BEZEL/SWITCH	LANGUAGE
AK62-00327-0001	AK62-00190-0001	Eng + Met
AK62-00327-0003	AK62-00190-0003	Ger/Met
AK62-00327-0004	AK62-00190-0004	Spn/Met
AK62-00327-0006	AK62-00190-0006	Jap/Met
AK62-00327-0007	AK62-00190-0007	Frn/Met
AK62-00327-0008	AK62-00190-0008	Ital/Met
AK62-00327-0009	AK62-00190-0009	Dut/Met
AK62-00327-0010	AK62-00190-0010	Port/Met
AK62-00327-0014	AK62-00190-0014	Turk/Met

ARCTIC SILVER QUIET DRIVE 93XW ***93XW-0XXX-03***

Upper Frame Hardware **S/N XHG054206183**

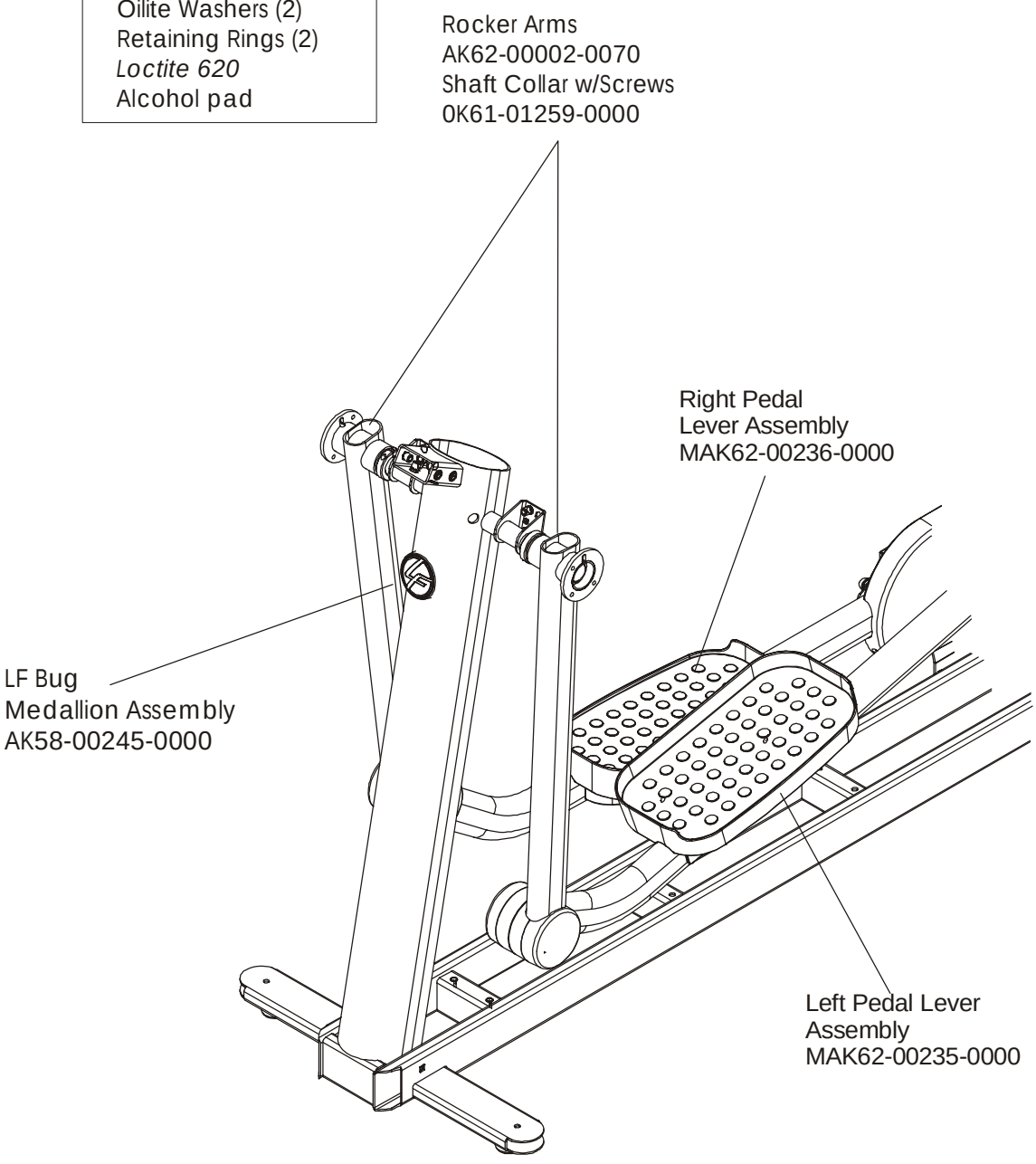
Items Not Shown	
Accessory Tray	M0K62-01022-0000
Accessory Tray Mounting Screws (2)	0017-00101-1846


Handlebar Mounting Screws M0017-00101-1791 (3 per side)
Console Mounting Screws (4) 0017-00101-1796
Bullhorn Screw Kit (includes 4 screws) GK62-00002-0042
Console Support Mounting Screws (6) M0017-00101-1791
Console Support Shroud Mounting Screws 0017-00101-1796
Bullhorn Cover Screws 0017-00101-1854
Inside Deadshaft Cover Screws 0017-00101-1796 (2 per side)
Outside Deadshaft Cover Screws 0017-00101-1796 (2 per side)

ARCTIC SILVER QUIET DRIVE 93XW *93XW-0XXX-03*

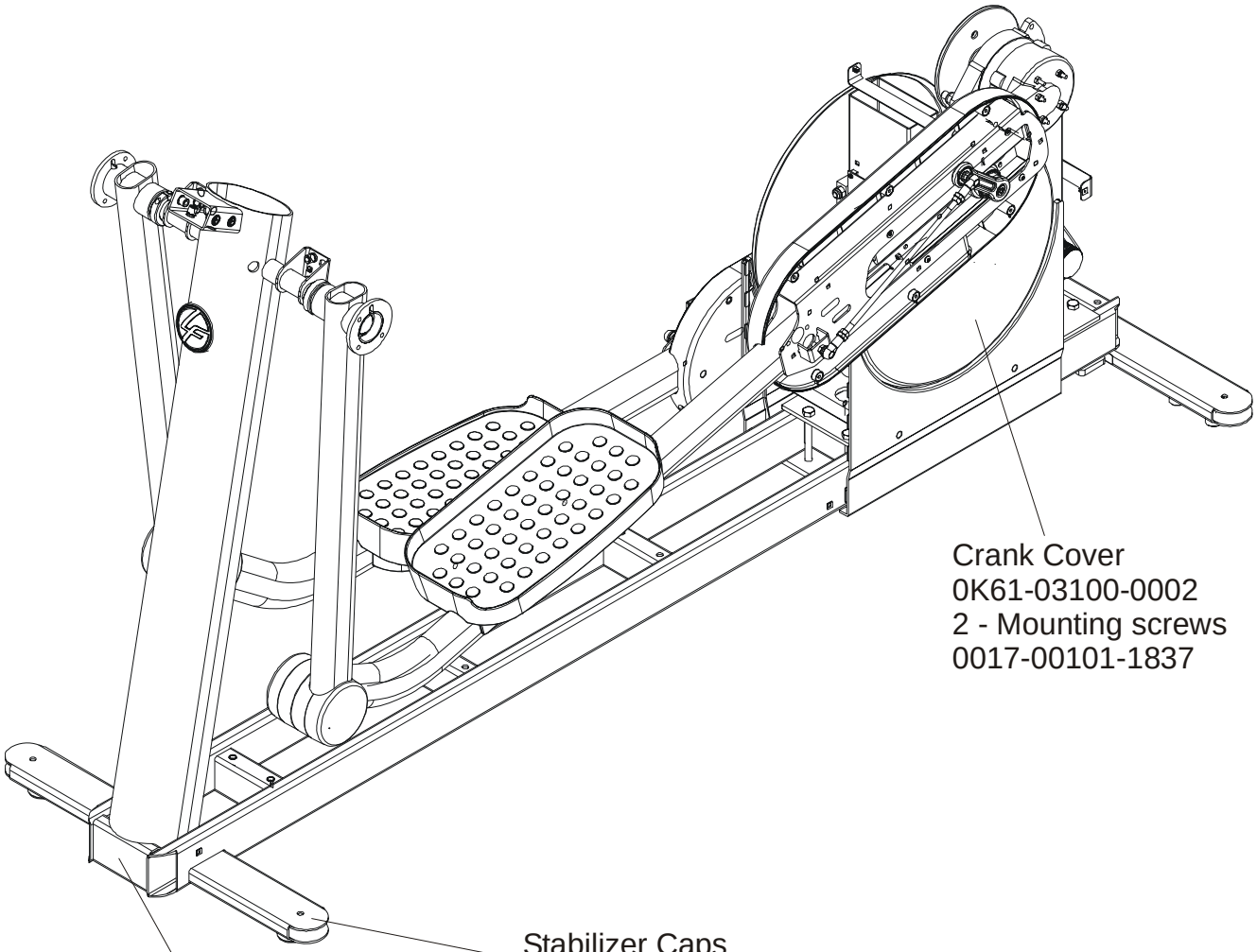
Rocker Arms & Pedal Levers **S/N XHG054206183**

Rocker Arms Kit
GK62-00002-0070
contents:
- Rocker Arms (2)
- Hardened Spacers (2)
- Oilite Washers (2)
- Retaining Rings (2)
- *Loctite 620*
- Alcohol pad



ARCTIC SILVER QUIET DRIVE 93XW ***93XW-0XXX-03***

Crank Cover and Lower Caps **S/N XHG054206183**



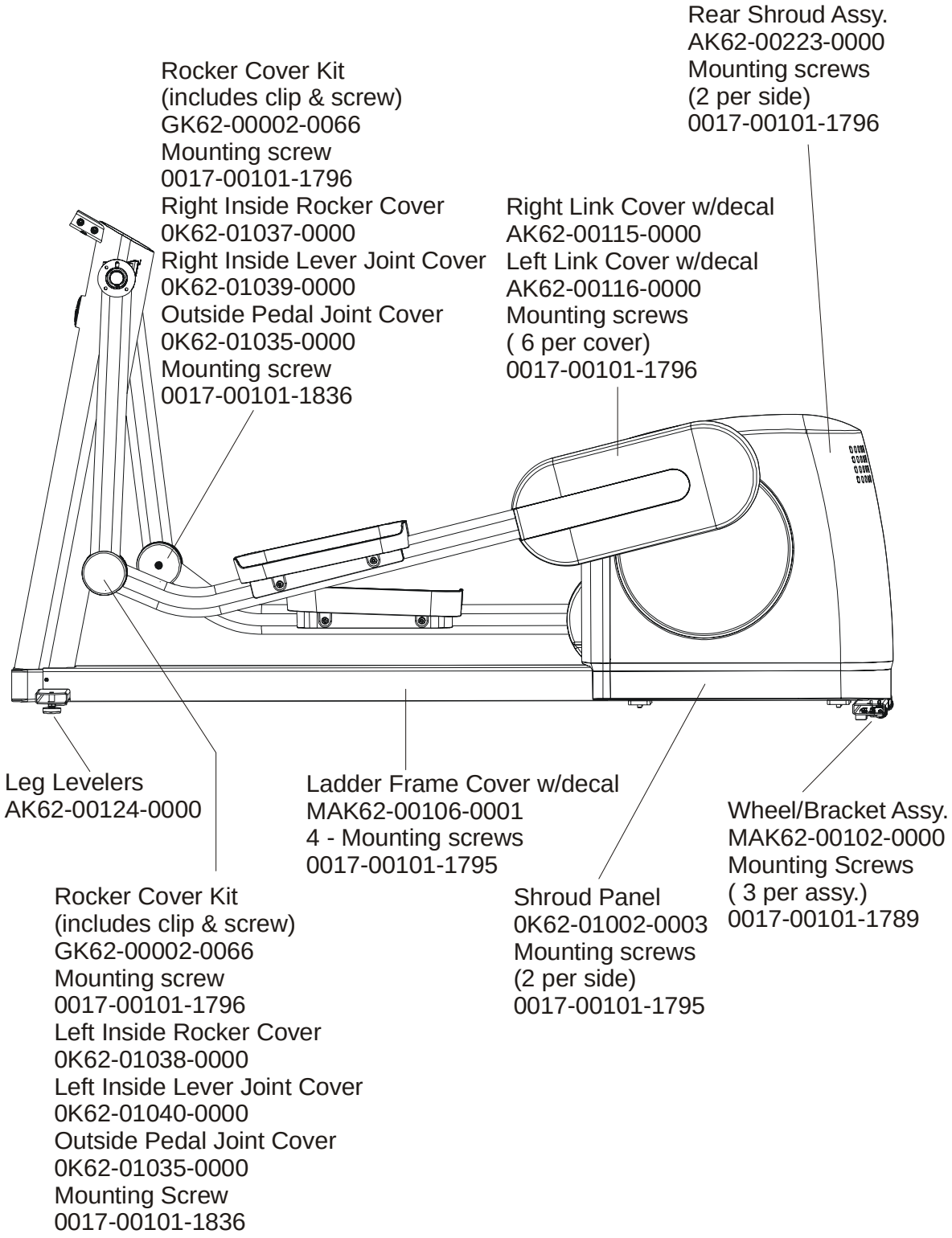
Crank Cover
0K61-03100-0002
2 - Mounting screws
0017-00101-1837

Stabilizer Caps
4 - 0K62-01003-0000

Front frame Cap
M0K62-01004-0000
Mounting Screws
(Located on front sides of Ladder Frame Cover)
2- 0017-00101-1795

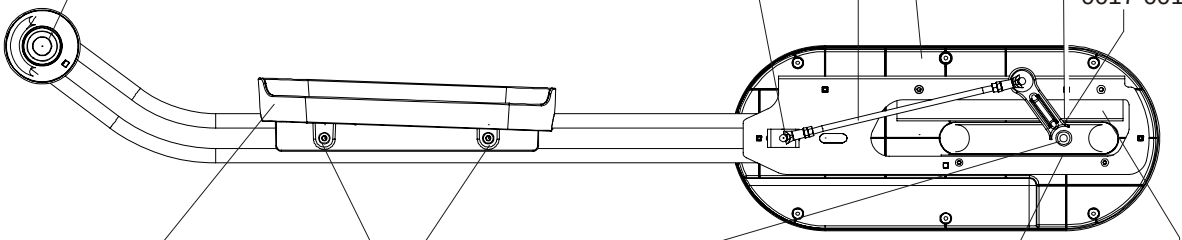
ARCTIC SILVER QUIET DRIVE 93XW *93XW-0XXX-03*

Lower Frame Shrouds & Hardware **S/N XHG054206183**



ARCTIC SILVER QUIET DRIVE 93XW *93XW-0XXX-03*

Pedal Lever Assembly Components S/N XHG054206183



Control Link Kit
GK62-00002-0071
(contains 2 control links,
part nos. AK62-00384-0000)

E-Ring
0017-00100-0107
Thrust Washer
0K47-01105-0000
Brass Washer
0K47-01104-0000
Pedal/Rocker Shaft & Bearings
Order Kit GK62-00002-0001

Control Links (2)
AK62-00384-0000

Right Inside Pedal Cover
0K62-01015-0000
Left Inside Pedal Cover
0K62-01016-0000
Mounting screws (5)
0017-00101-1796

Washer
0017-00104-0479
Nut
0017-00103-0333

Hex nut
0017-00103-0333

Crank Extension
Mounting Bolt
0017-00101-1907

Left Pedal
M0K62-01005-0000
Right Pedal
M0K62-01006-0000

Pedal Mounting
Hardware Screws (4)
0017-00101-1805
Washer (4)
0017-00104-0469

Roller w/bearing
AK62-00196-0001
Shaft Collar
0K62-01065-0000
Washer
0017-00104-0474
Brass Washer
0K47-01104-0000
Anti-Lift Roller
0K62-01191-0000

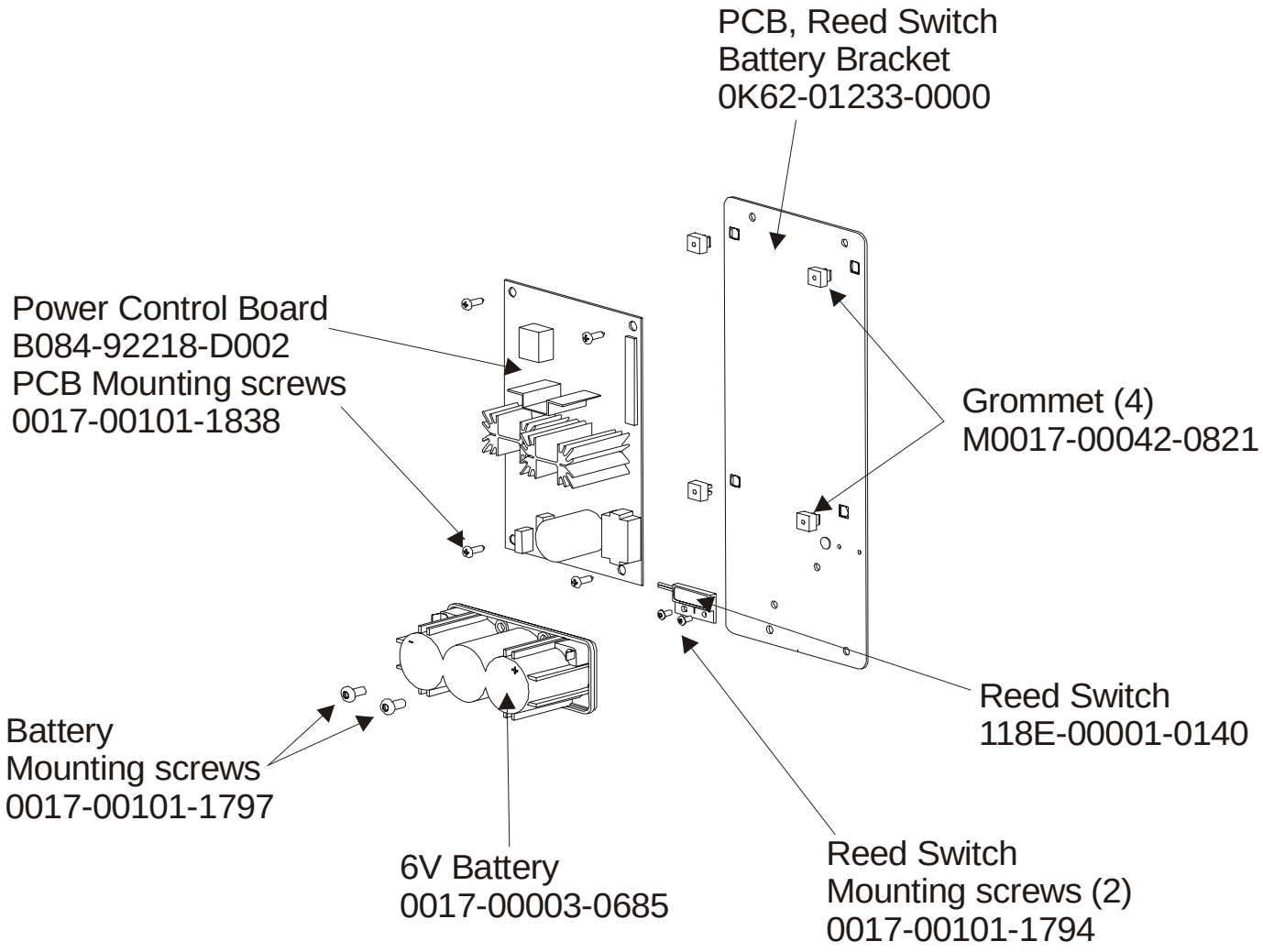
Anti-Lift Track
0K62-01208-0000
Screws (2)
0017-00101-1836

Roller Extrusion
AK62-00197-0000
Screws (4)
M0017-00101-1789

Note: Units with old tie rod assembies
will require kit MGK62-00002-0015
when replacing either the tie rod assembly
or the crank extension for the first time.

ARCTIC SILVER QUIET DRIVE 93XW ***93XW-0XXX-03***

PCB, Battery, Reed Switch & Bracket **S/N XHG054206183**



ARCTIC SILVER QUIET DRIVE 93XW ***93XW-0XXX-03***

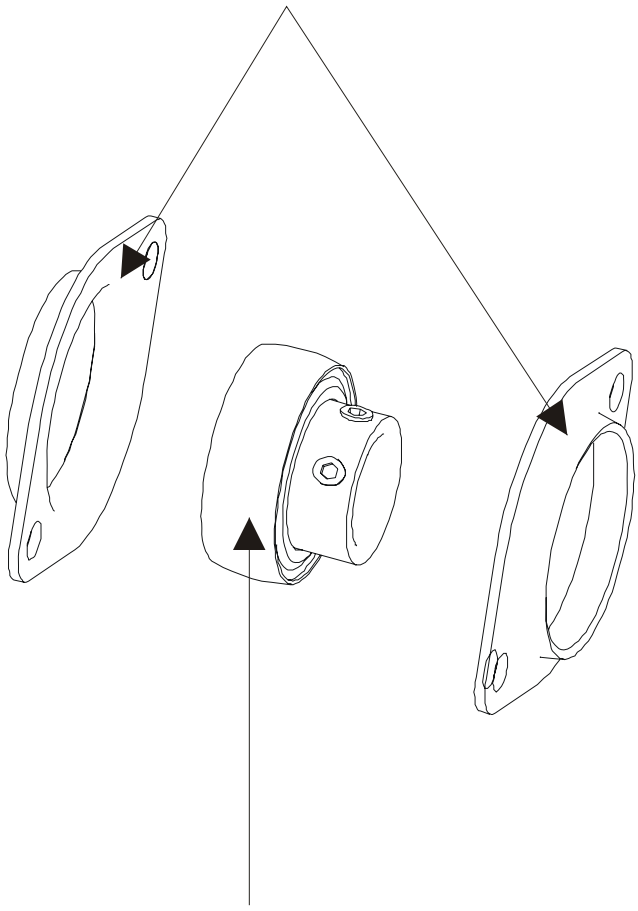
Bearing-Insert Assembly -AK62-00299-0000 **S/N XHG054206183**

Service Kit-
MGK62-00002-0044
Includes:

1- crankshaft
2- bearings
2- sets of bearing flanges
4- nuts and washers

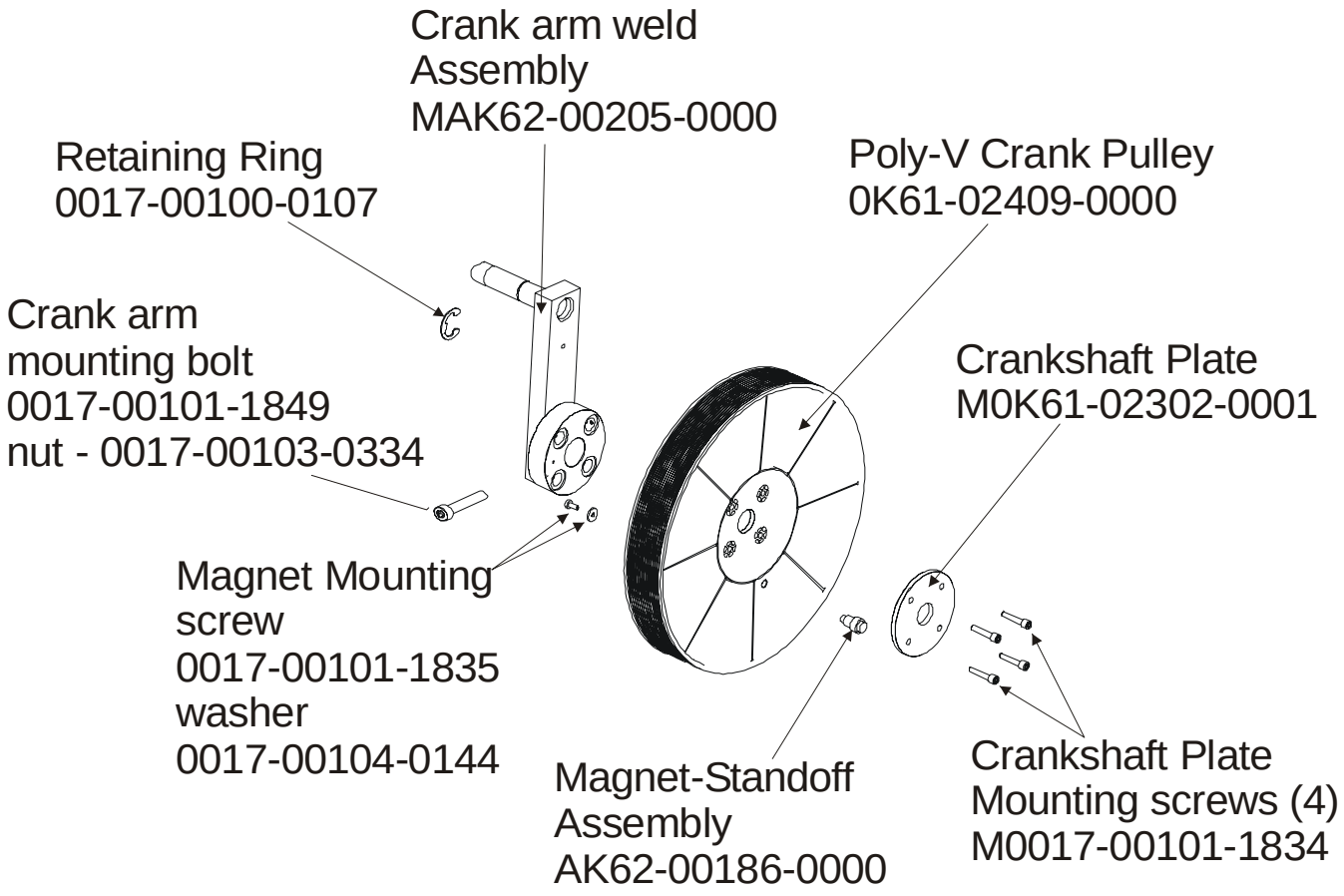
Service Kit- GK62-00002-0045
Includes:

1 - intermediate shaft
2 - bearings
2- sets of bearing flanges
4- nuts and washers



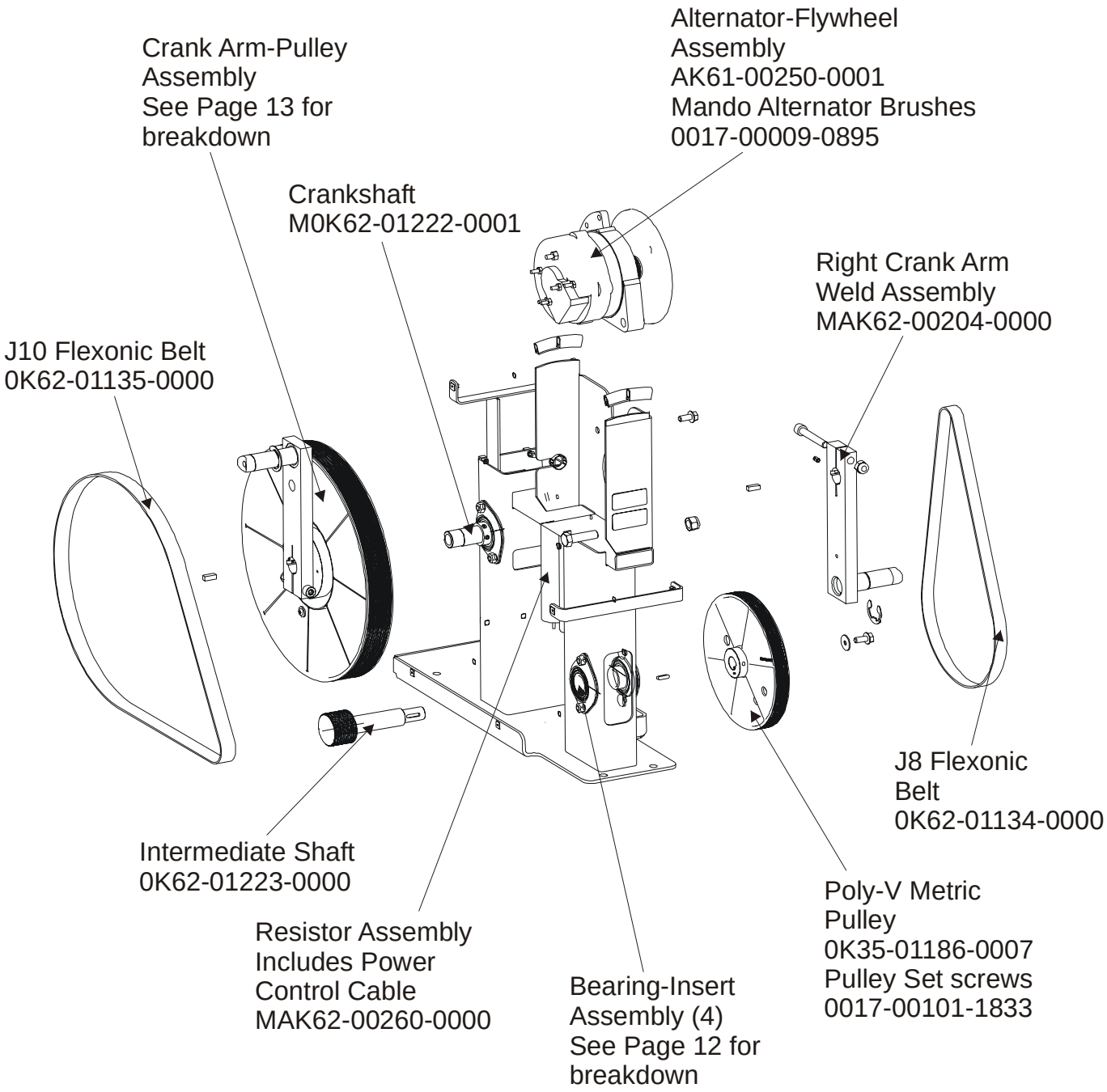
ARCTIC SILVER QUIET DRIVE 93XW ***93XW-0XXX-03***

Crank Arm Pulley Assembly **S/N XHG054206183**



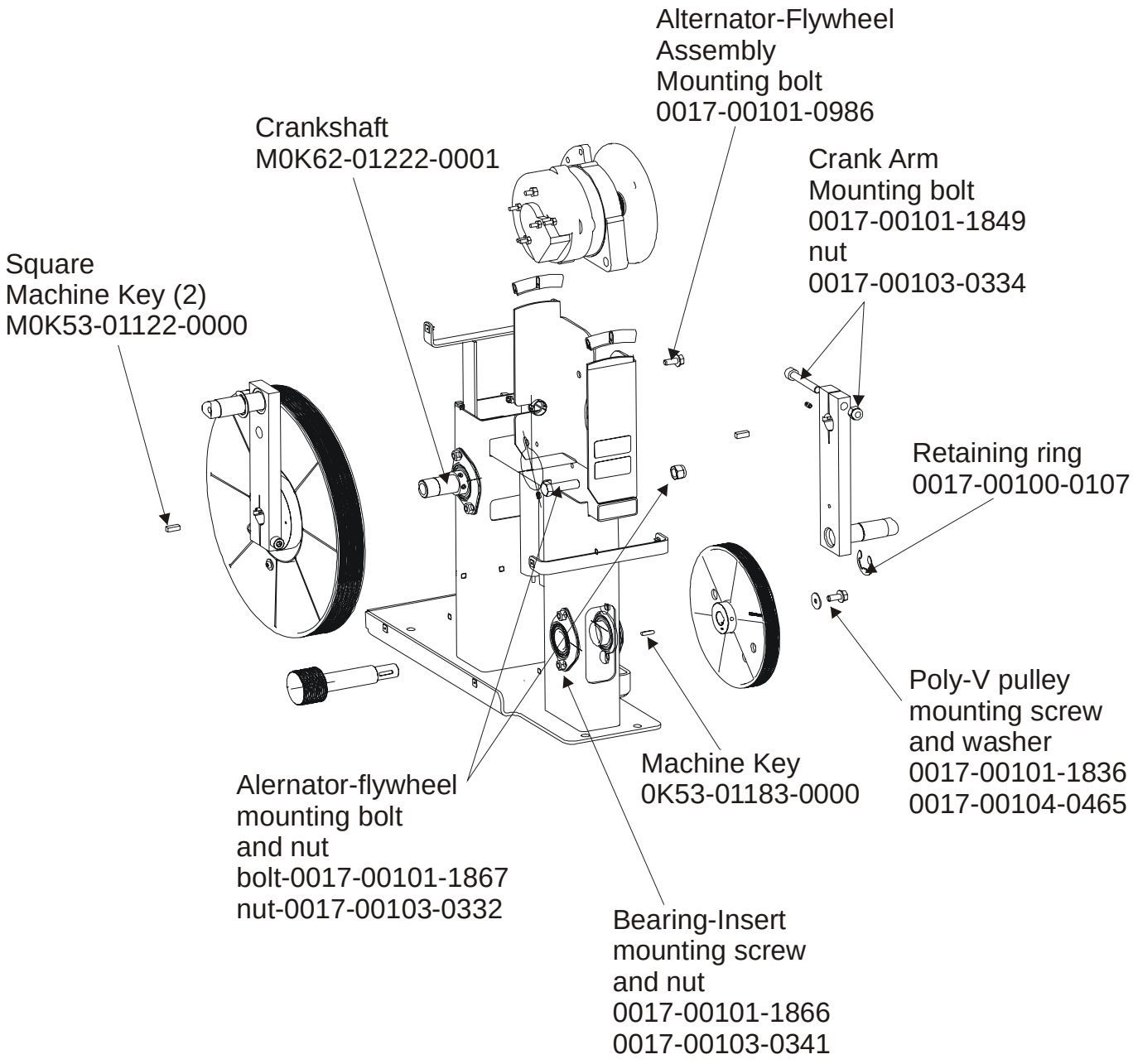
ARCTIC SILVER QUIET DRIVE 93XW ***93XW-0XXX-03***

Drive Module **S/N XHG054206183**



ARCTIC SILVER QUIET DRIVE 93XW *93XW-0XXX-03*

Drive Module Hardware **S/N XHG054206183**



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Cables **S/N XHG054206183**